

NOVEMBER BEING THANKFUL



IB Learner Profile:
Reflective

3 Bs: Be Kind
Be Responsible

MindUP: Appreciation,
Expressing Gratitude

This month is all about being thankful: family, friends, food, health, clothing, everything we have.

Let's share what we are thankful for or what we appreciate!

Thankful for books!
Click [here](#) for eBooks
about being thankful.



ACTIVITIES:

We would love all of you to continue to stay connected with us and participate in the monthly themes. Here are the activities for November. Choose one or both!

Send in a Warm Fuzzy

Express your gratitude to a teacher or classmate with a warm fuzzy.

Online on the Wellness Page (click [here](#))

Draw a picture/Take a picture/Write something that expresses what you are thankful for. You can be thankful for people too! Who has helped you recently?

Share your pictures here:

<http://plicbooks.com/go/AJ2T4>

Questions?

Contact Julie Mikami,
AHS Counselor
Julie.Mikami@k12.hi.us



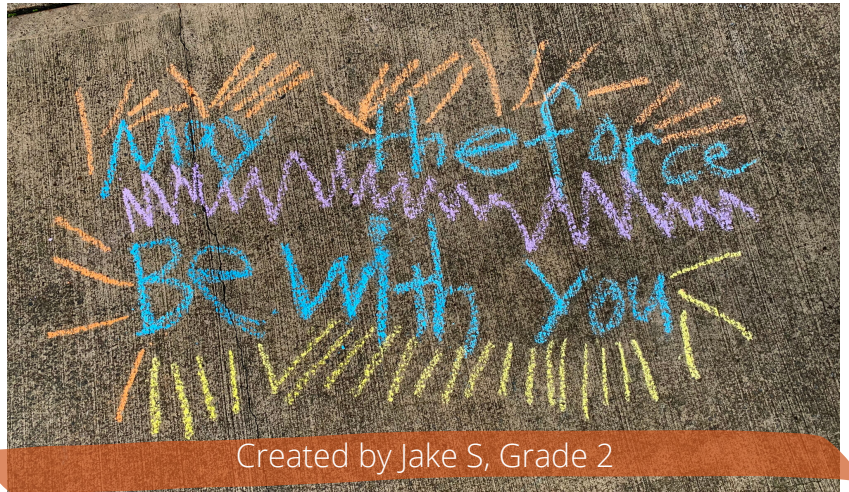
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CHALK



THE WALK

Thank you for participating in our Chalk the Walk in October!



Created by Jake S, Grade 2