



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
	Breakfast Pricing • Regular Priced Breakfast: \$1.10 • Reduced Price Breakfast: \$0.30 • Second & Subsequent Student: \$2.40 • Adult: \$2.40	<ul style="list-style-type: none"> Breakfast Pizza Bagel Oranges Pears Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	<ul style="list-style-type: none"> Coffee Cake Muffin Bar Pork Sausage Patty Mixed fruit Unsweetened Applesauce Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	<ul style="list-style-type: none"> Pork Sausage Patty Brown Rice Grape Juice Apple Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly
6	7	8	9	10
<ul style="list-style-type: none"> Plain Bagel Cream Cheese Cup Pears Strawberry Apple Crisps Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	<ul style="list-style-type: none"> Portuguese Sausage Brown Rice Ketchup Oranges Pineapple Chunks Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	<ul style="list-style-type: none"> Country Gravy Pizza Apple Strawberry Kiwi Juice Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	<ul style="list-style-type: none"> Cheese Stuffed Breadstick Marinara Sauce Mixed fruit Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted Apple 	 <p>Veterans Day</p>
13	14	15	16	17
<ul style="list-style-type: none"> Sweet Cinnamon Belgian Waffle Maple Syrup Mixed fruit Sliced Peaches Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	<ul style="list-style-type: none"> Portuguese Sausage Brown Rice Pineapple Chunks Unsweetened Applesauce Ketchup Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	<ul style="list-style-type: none"> Cheese Stuffed Breadstick Marinara Sauce Oranges Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly Sliced Peaches 	<ul style="list-style-type: none"> Banana Bread Pork Sausage Patty Apple Grape Juice Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	<ul style="list-style-type: none"> Cinnamon Toast Vanilla or Summer Berry Yogurt Unsweetened Applesauce Oranges Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly
20	21	22	23	24
<ul style="list-style-type: none"> Plain Bagel Cream Cheese Cup Sliced Peaches Mixed fruit Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	<ul style="list-style-type: none"> Breakfast Chicken Patty Brown Rice Ketchup Pears Strawberry Kiwi Juice Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	<ul style="list-style-type: none"> Breakfast Pizza Fresh Fruit Pineapple Chunks Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	 <p>Thanksgiving</p>	 <p>Holiday</p>
27	28	29	30	
<ul style="list-style-type: none"> French Toast Sticks Pineapple Chunks Strawberry Apple Crisps Maple Syrup Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	<ul style="list-style-type: none"> Portuguese Sausage Brown Rice Ketchup Apple Sliced Peaches Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	<ul style="list-style-type: none"> Coffee Cake Muffin Bar Pork Sausage Patty Mixed fruit Unsweetened Applesauce Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Vanilla or Summer Berry Yogurt AND Granola, Assorted 	<ul style="list-style-type: none"> Breakfast Pizza Bagel Oranges Pears Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS Assorted Cereal AND Toast Assorted Jelly 	

Fresh Fruit: Grapes , Pineapple , Watermelon , Pears , Oranges , Banana , Apple , Papaya , Strawberries , Honeydew Melon , Cantaloupe

All K-12 menus include a choice of the following.: 1% White Milk , Fat-Free Chocolate Milk

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Lunch Pricing • Regular Priced Lunch (PreK-8): \$2.50 • Regular Priced Lunch (9-12): \$2.75 • Reduced Price Lunch (PreK-12): \$0.40 • Second Student Entree: \$2.00 • Second & Subsequent Student: \$5.50 • Adult: \$5.50	1 • Chili & Cheese Nachos • Green Salad • Salsa Cup • Strawberry Kiwi Juice • Dressing • Milk (1% or fat free, white or chocolate milk)	2 • Beef Patty w/ Gravy • Brown Rice • Steamed Carrots • Baked Beans • White Grape Peach Slushie • Milk (1% or fat free, white or chocolate milk)	3 • Roast Turkey • Turkey Gravy • Whole Grain Roll • Whipped Potatoes • Zucchini • Mixed fruit • Milk (1% or fat free, white or chocolate milk)
6 • Tasty Tenders • Brown Rice • Broccoli • Baked Beans • Orange Fruit Gel • Dipping sauce • Milk (1% or fat free, white or chocolate milk)	7 • Cheeseburger with Bun with • Lettuce Leaf • Tomato Slice • Potato Wedges • Celery Sticks • Oranges • Dressing • Ketchup • Milk (1% or fat free, white or chocolate milk)	8 • Chicken Potstickers (Gyoza) • Baby Carrots • Cucumber Sticks • Fruit Punch Juice • Dressing • Honey Sriracha Dipping Sauce • Milk (1% or fat free, white or chocolate milk)	9 • Spaghetti with Meat Sauce • Green Salad • Corn • Sliced Peaches • Whole Grain Roll • Dressing • Milk (1% or fat free, white or chocolate milk)	10  Veterans Day
13 • Mac & Cheese with • Brown Rice • Steamed Carrots • Broccoli • Fruit Slushie • Milk (1% or fat free, white or chocolate milk)	14 • Fish Fillet Sandwich • Tartar Sauce • Lettuce Leaf • Tomato Slice • Baked Potato Chips • Celery Sticks • Strawberry Fruit Gel • Dressing • Milk (1% or fat free, white or chocolate milk)	15 • Hot Dog with Bun • Tater Tots • Coleslaw • Oranges • Ketchup • Mustard • Relish • Milk (1% or fat free, white or chocolate milk)	16 • Pepperoni Pizza • Baby Carrots • Cucumber Sticks • Apple • Dressing • Milk (1% or fat free, white or chocolate milk)	17 • Kalua Pork with Cabbage and • Brown Rice • Lomi Tomato (Pico de gallo) • Edamame • Pineapple Chunks • Milk (1% or fat free, white or chocolate milk)
20 • Cheese Bites • Marinara Sauce • Cucumber Sticks • Oranges • Dressing • Milk (1% or fat free, white or chocolate milk)	21 • Chicken Tenders • Brown Rice • Baby Carrots • Edamame • Strawberry Fruit Gel • Dipping sauce • Milk (1% or fat free, white or chocolate milk)	22 • Roast Turkey • Turkey Gravy • Whole Grain Roll • Whipped Potatoes • Zucchini • Mixed fruit • Milk (1% or fat free, white or chocolate milk)	23  Thanksgiving	24  Holiday School
27 • Cheese Pizza • Celery Sticks • Apple • Edamame • Dressing • Milk (1% or fat free, white or chocolate milk)	28 • Chicken Patty Sandwich with • Lettuce Leaf • Tomato Slice • Emoticon Mashed Potato Shapes • Oranges • Chicken Noodle Soup • Ketchup • Milk (1% or fat free, white or chocolate milk)	29 • Chili & Cheese Nachos • Green Salad • Salsa Cup • Strawberry Kiwi Juice • Dressing • Milk (1% or fat free, white or chocolate milk)	30 • Beef Patty w/ Gravy • Brown Rice • Steamed Carrots • Baked Beans • White Grape Peach Slushie • Milk (1% or fat free, white or chocolate milk)	

Dressings & Sauces: Caesar Vinaigrette Dressing , Ranch Dressing/Dip , Italian Vinaigrette Dressing , Basic Salad Dressing , French Dressing , Sesame Ginger Dressing



Dipping Sauces: Honey BBQ Dipping Sauce , Honey Mustard Dipping Sauce , Honey Sriracha Dipping Sauce , Ranch Dressing/Dip , Ketchup , Mustard , BBQ Sauce

Fresh Fruit: Grapes , Pineapple , Watermelon , Pears , Oranges , Banana , Apple , Papaya , Strawberries , Honeydew Melon , Cantaloupe

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				1
			Breakfast Pricing • Regular Priced Breakfast: \$1.10 • Reduced Price Breakfast: \$0.30 • Second & Subsequent Student: \$2.40 • Adult: \$2.40	• Pork Sausage Patty • Brown Rice • Grape Juice • Apple • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly
4	5	6	7	8
• Plain Bagel • Cream Cheese Cup • Pears • Strawberry Apple Crisps • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly	• Portuguese Sausage • Brown Rice • Ketchup • Oranges • Pineapple Chunks • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted	• Country Gravy Pizza • Apple • Strawberry Kiwi Juice • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly	• Cheese Stuffed Breadstick • Marinara Sauce • Oranges • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted • Fresh Fruit	• Cinnamon Bread Pudding • Strawberry Craisins • Sliced Peaches • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly
11	12	13	14	15
• Sweet Cinnamon Belgian Waffle • Maple Syrup • Mixed fruit • Sliced Peaches • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly	• Portuguese Sausage • Brown Rice • Pineapple Chunks • Unsweetened Applesauce • Ketchup • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted	• Cheese Stuffed Breadstick • Marinara Sauce • Oranges • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly	• Banana Bread • Pork Sausage Patty • Apple • Grape Juice • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted	• Cinnamon Toast • Vanilla or Summer Berry Yogurt • Unsweetened Applesauce • Oranges • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly
18	19	20	21	22
• Country Breakfast Scramble • Brown Rice • Salsa Cup • Oranges • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly	• Breakfast Chicken Patty • Brown Rice • Ketchup • Pears • Strawberry Kiwi Juice • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted	• Breakfast Pizza • Apple • Pineapple Chunks • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Assorted Cereal AND • Toast • Assorted Jelly	• Plain Bagel • Cream Cheese Cup • Sliced Peaches • Mixed fruit • Milk (1% or fat free, white or chocolate milk) CHOICE OPTIONS • Vanilla or Summer Berry Yogurt AND • Granola, Assorted	 Have a great Winter Break! Break Start
25	26	27	28	29
 Happy Holidays Christmas	→	→	→	→
	Winter Break	Winter Break	Winter Break	Winter Break

Fresh Fruit: Grapes , Pineapple , Watermelon , Pears , Oranges , Banana , Apple , Papaya , Strawberries , Honeydew Melon , Cantaloupe

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			Lunch Pricing • Regular Priced Lunch (PreK-8): \$2.50 • Regular Priced Lunch (9-12): \$2.75 • Reduced Price Lunch (PreK-12): \$0.40 • Second Student Entree: \$2.00 • Second & Subsequent Student: \$5.50 • Adult: \$5.50	1 • Roast Turkey • Whole Grain Roll • Whipped Potatoes • Zucchini • Mixed fruit • Milk (1% or fat free, white or chocolate milk)
4 • Tasty Tenders • Brown Rice • Broccoli • Baked Beans • Orange Fruit Gel • Dipping sauce • Milk (1% or fat free, white or chocolate milk)	5 • Cheeseburger with Bun with • Lettuce Leaf • Tomato Slice • Potato Wedges • Celery Sticks • Oranges • Dressing • Ketchup • Milk (1% or fat free, white or chocolate milk)	6 • Korean Chicken • Brown Rice • Steamed Carrots • Edamame • Pears • Milk (1% or fat free, white or chocolate milk)	7 • Creole Macaroni (w/cheese) • Green Salad • Corn • Sliced Peaches • Whole Grain Roll • Dressing • Milk (1% or fat free, white or chocolate milk)	8 • Chicken Potstickers (Gyoza) • Baby Carrots • Cucumber Sticks • Fruit Punch Juice • Dressing • Shoyu Dipping Sauce • Milk (1% or fat free, white or chocolate milk)
11 • Mac & Cheese • Steamed Carrots • Broccoli • Fruit Slushie • Milk (1% or fat free, white or chocolate milk)	12 • Tuna Salad Sandwich • Lettuce Leaf • Tomato Slice • Baked Potato Chips • Celery Sticks • Strawberry Fruit Gel • Dressing • Milk (1% or fat free, white or chocolate milk)	13 • Hot Dog with Bun • Tater Tots • Coleslaw • Oranges • Ketchup • Mustard • Relish • Milk (1% or fat free, white or chocolate milk)	14 • Pepperoni Pizza • Baby Carrots • Cucumber Sticks • Apple • Dressing • Milk (1% or fat free, white or chocolate milk)	15 • Kalua Pork Nachos • Lomi Tomato (Pico de gallo) • Edamame • Pineapple Chunks • Milk (1% or fat free, white or chocolate milk)
18 • Cheese Bites • Marinara Sauce • Celery Sticks • Oranges • Dressing • Milk (1% or fat free, white or chocolate milk)	19 • Chicken Tenders • Brown Rice • Baby Carrots • Edamame • Strawberry Fruit Gel • Dipping sauce • Milk (1% or fat free, white or chocolate milk)	20 • Sloppy Joe • Tater Tots • Edamame • Sliced Peaches • Ketchup • BBQ Sauce • Milk (1% or fat free, white or chocolate milk)	21 • Mini Turkey Corn Dogs • Baby Carrots • Cucumber Sticks • Oranges • Dipping sauce • Dressing • Milk (1% or fat free, white or chocolate milk)	22  Winter Break Start
25  Christmas	26 → Winter Break	27 → Winter Break	28 → Winter Break	29 → Winter Break

Dressings & Sauces: Caesar Vinaigrette Dressing , Ranch Dressing/Dip , Italian Vinaigrette Dressing , Basic Salad Dressing , French Dressing , Sesame Ginger Dressing

Dipping Sauces: Honey BBQ Dipping Sauce , Honey Mustard Dipping Sauce , Honey Sriracha Dipping Sauce , Ranch Dressing/Dip , Ketchup , Mustard , BBQ Sauce

Fresh Fruit: Grapes , Pineapple , Watermelon , Pears , Oranges , Banana , Apple , Papaya , Strawberries , Honeydew Melon , Cantaloupe

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