

JANUARY: GOAL SETTING, RESOLUTIONS, TRYING SOMETHING NEW



ACTIVITIES:

We would love all of you to continue to stay connected with us and participate in the monthly themes. Here are the activities for January. Choose one or both!

IB Learner Profile:
Risk-Taker

3 Bs: Be Safe
Be Responsible

MindUP:
Choosing Optimism

January is the start of a new year. Do you have a goal for 2021?

Let's share what we to achieve this year! What new thing will you try?

Daily reading goal?
Click [here](#) for eBooks about dreaming big.



Send in a Warm Fuzzy

Did someone help you be a brave learner?

Thank them with a warm fuzzy!

Online on the Wellness Page (click [here](#))

Draw a picture/Take a picture/Write something

of what you want to try or accomplish this year. Will you be a risk-taker and try something new?

Share your pictures here:
plicbooks.com/go/atLRk

Questions?

Contact Julie Mikami, AHS Counselor
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A MESSAGE FROM JOHN CENA

ON THE IMPORTANCE OF
READING

John Cena is an American professional wrestler, rapper, and children's author. He lent his voice to the movies *Dolittle* and *Ferdinand*. His newest book about never giving up can be found in our library.



"Reading allows you to imagine and be creative."